



Mid Hudson RPC COVID 19 Resources

OASAS: FAQs

https://www.fcc.gov/covid-19-telehealth-program?mkt_tok=eyJpIjoiTm9kbE56VTVPR1UyT0dRMClInQoiIjBRVRFdjg4SEFPRHhZTm1kSnVvVUFWU3BPVnltY1lpRVc2UFBzbn8xRTVXQWtvTzhnQ0Z1TGpYV2FYSGFNRkt4Z3hoUDRuQmtsS0E1STNKamFXZmxxQkxlaFdWWGhiWVNqRzZJNHB5U0o5NEVNcm4zN2JkSVMxSnhvUFhldEhtUyJ9

OMH: FAQs

<https://omh.ny.gov/omhweb/guidance/>

NATIONAL HOTLINES & Resources:

Natl. Domestic Violence Hotline – (800) 799-7233
Natl. Suicide Prevention Hotline – (800) 273-8255
Natl. Veterans Crisis Line - (800) 273-8255 (#1)
Alcohol & Substance Use Assistance- (800) 846-7369
AA Online - <https://www.aa-intergroup.org/>
NAMI – MH Hotline - 800-950-6264

NYS:

Emotional Support Hotline - (844) 863-9314 (8am-10pm)

Regional Resources:

Four Winds - Adolescent ½ day partial – (914) 763-8151 x2009
MHA Putnam – Support Groups for Youth – www.mhaputnam.org
MHA Putnam – First Responders peer-peer support (845) 745-0088
Peer Support Groups – People USA - people-usa.org
Putnam Hospital Center -845-279-5711 (24 Hour Walk-in Crisis Intervention at E.R.)

County Hotlines:

Dutchess County – (845) 485-9700.

Orange County – 311 **OR** From out of County 1-800-832-1200

Putnam County - 845 225-1222 OR 211

Rockland County – (845) 517-0400

Sullivan County – (845) 807-0925

Ulster County - (844)-277-4820

Westchester County – (914) 995-1900